5 In this question you must show detailed reasoning.

(a) Prove that $(\cot\theta + \operatorname{cosec}\theta)^2 = \dfrac{1+\cos\theta}{1-\cos\theta}$. [4]

(b) Hence solve, for $0 < \theta < 2\pi$, $3(\cot\theta + \operatorname{cosec}\theta)^2 = 2\sec\theta$. [5]