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(a) Show that the equation m \sec \theta + 3 \cos \theta = 4 \sin \theta can be expressed in the form
 m \tan^2 \theta - 4 \tan \theta + (m+3) = 0.
It is given that there is only one value of \theta, for 0 < \theta < \pi, satisfying the equation
 m \sec \theta + 3 \cos \theta = 4 \sin \theta.
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In this question you must show detailed reasoning.

 $m \sec \theta + 3 \cos \theta = 4 \sin \theta$. Given also that m is a negative integer, find this value of θ , correct to 3 significant figures.