

Trigonometric Proofs

They say the proof of the pudding is in the eating, but trigonometry ain't no pudding, treacle.

Use the **Trig Identities** to prove something is the **Same** as something else

As well as simplifying and solving nasty trig equations, you can also use **identities** to **prove** or **'show that'** two **trig expressions** are **the same**. A bit like this, in fact:

Example: Show that $\frac{\cos^2 \theta}{1 + \sin \theta} \equiv 1 - \sin \theta$.

1) Prove things like this by playing about with one side of the equation until you get the other side.

Left-hand side: $\frac{\cos^2 \theta}{1 + \sin \theta}$

See page 59.

2) The only thing I can think of doing here is replacing $\cos^2 \theta$ with $1 - \sin^2 \theta$.
(Which is good because it works.)

$$\equiv \frac{1 - \sin^2 \theta}{1 + \sin \theta} \quad \text{The next trick is the hardest to spot. Look at the top — does that remind you of anything?}$$

3) The top line is a **difference of two squares**:

$$\begin{aligned} & 1 - a^2 = (1 + a)(1 - a) \\ & \frac{(1 + \sin \theta)(1 - \sin \theta)}{1 + \sin \theta} \Rightarrow 1 - \sin^2 \theta = (1 + \sin \theta)(1 - \sin \theta) \\ & \equiv \frac{(1 + \sin \theta)(1 - \sin \theta)}{1 + \sin \theta} \\ & \equiv 1 - \sin \theta, \text{ the right-hand side.} \end{aligned}$$

Example: Show that $\frac{\tan^2 x}{\sec x} \equiv \sec x - \cos x$.

Again, take one side of the identity and play about with it until you get the other side:

Left-hand side: $\frac{\tan^2 x}{\sec x}$

Try replacing $\tan^2 x$ with $\sec^2 x - 1$: $\equiv \frac{\sec^2 x - 1}{\sec x} \equiv \frac{\sec^2 x}{\sec x} - \frac{1}{\sec x} \equiv \sec x - \cos x$...which is the **right-hand side**.

This example uses an identity from page 68.

You might have to use **Addition or Double Angle Identities**

You might be asked to use the **addition formulas** to prove an identity (see p.70). Just put the **numbers** and **variables** from the **left-hand side** into the addition formulas and **simplify** until you get the expression you're after.

Example: Prove that $\cos(a + 60^\circ) + \sin(a + 30^\circ) \equiv \cos a$.

Be careful with the + and - signs here.

Put the numbers from the question into the **addition formulas**:

$$\cos(a + 60^\circ) + \sin(a + 30^\circ) \equiv (\cos a \cos 60^\circ - \sin a \sin 60^\circ) + (\sin a \cos 30^\circ + \cos a \sin 30^\circ)$$

Now **substitute** in any sin

$$\text{and cos values that you know...} = \frac{1}{2} \cos a - \frac{\sqrt{3}}{2} \sin a + \frac{\sqrt{3}}{2} \sin a + \frac{1}{2} \cos a$$

$$\text{...and simplify:} = \frac{1}{2} \cos a + \frac{1}{2} \cos a = \cos a$$

See p.56.



Maths criminals: innocent until proven sin y.

Whenever you have an expression that contains any angle that's **twice the size** of another, you can use the **double angle formulas** (see p.71)— whether it's **sin x** and **sin 2x**, **cos 2x** and **cos 4x** or **tan x** and **tan $\frac{x}{2}$** .

Example: Prove that $2 \left(\cot \frac{x}{2} \right) (1 - \cos^2 \frac{x}{2}) \equiv \sin x$.

This hellish example uses loads of different identities — there are more like this on the next page too. Wooahoo.

First, use the identity $\sin^2 \theta + \cos^2 \theta \equiv 1$ to replace $1 - \cos^2 \frac{x}{2}$ on the left-hand side:

$$\text{Left-hand side: } 2 \cot \frac{x}{2} \sin^2 \frac{x}{2}$$

Now write $\cot \theta$ as $\frac{\cos \theta}{\sin \theta}$: $2 \frac{\cos \frac{x}{2}}{\sin \frac{x}{2}} \sin^2 \frac{x}{2} \equiv 2 \cos \frac{x}{2} \sin \frac{x}{2}$ ← Now you can use the sin 2A double angle formula to write $\sin x \equiv 2 \sin \frac{x}{2} \cos \frac{x}{2}$ (using $A = \frac{x}{2}$).

So using the **sin double angle** formula... $\equiv \sin x$...you get the **right-hand side**.

Trigonometric Proofs

Small Angle Approximations can pop up too

Remember those lovely **small angle approximations** from p.69? No? Well you'd better flick back a few pages for a recap before this example.

Example: Show that $\frac{2x \sin 2x}{1 - \cos 5x} \approx \frac{8}{25}$ when x is **small**.

Use the **small angle approximations** for each trig function, then **simplify**:

$$\frac{2x \sin 2x}{1 - \cos 5x} \approx \frac{2x(2x)}{1 - \left(1 - \frac{1}{2}(5x)^2\right)} = \frac{4x^2}{\frac{25}{2}x^2} = \frac{8}{25}$$

sin θ = θ cos θ = 1 - 1/2 θ²

This is a whopping clue (pun intended) as to how you're going to tackle this question. If an exam question mentions an angle being 'small', think 'small angle approximations'.

You might have to use Different Bits of Trig in the Same Question

Some exam questions might try to catch you out by making you use **more than one** identity...

Example: Show that $\cos 3\theta \equiv 4 \cos^3 \theta - 3 \cos \theta$.

First, write **cos 3θ** as **cos(2θ + θ)**, then you can use the **cos addition formula**:

$$\cos(3\theta) \equiv \cos(2\theta + \theta) \equiv \cos 2\theta \cos \theta - \sin 2\theta \sin \theta$$

Now you can use the **cos and sin double angle formulas** to get rid of the 2θ:

$$\begin{aligned} \cos 2\theta \cos \theta - \sin 2\theta \sin \theta &\equiv (2 \cos^2 \theta - 1)\cos \theta - (2 \sin \theta \cos \theta)\sin \theta \\ &\equiv 2 \cos^3 \theta - \cos \theta - 2 \sin^2 \theta \cos \theta \equiv 2 \cos^3 \theta - \cos \theta - 2(1 - \cos^2 \theta)\cos \theta \\ &\equiv 2 \cos^3 \theta - \cos \theta - 2 \cos \theta + 2 \cos^3 \theta \equiv 4 \cos^3 \theta - 3 \cos \theta \end{aligned}$$

You have to use both the addition formula and the double angle formulas in this question.

This uses the identity $\sin^2 \theta + \cos^2 \theta \equiv 1$ in the form $\sin^2 \theta \equiv 1 - \cos^2 \theta$.

This next question looks short and sweet, but it's actually pretty nasty — you need to know a sneaky **conversion** between **sin** and **cos**.

Example: If $y = \arcsin x$ for $-1 \leq x \leq 1$ and $-\frac{\pi}{2} \leq y \leq \frac{\pi}{2}$, show that $\arccos x = \frac{\pi}{2} - y$.

$y = \arcsin x$, so $x = \sin y$ (as arcsin is the inverse of sin — see p.66).

Now the next bit isn't obvious — you need to use an identity

to **switch from sin to cos**. This gives: $x = \cos\left(\frac{\pi}{2} - y\right)$

Now, **taking inverses** gives: $\arccos x = \arccos\left[\cos\left(\frac{\pi}{2} - y\right)\right]$
 $\Rightarrow \arccos x = \frac{\pi}{2} - y$

Converting sin to cos (and back):

$$\begin{aligned} \sin t &\equiv \cos\left(\frac{\pi}{2} - t\right) \\ \text{and } \cos t &\equiv \sin\left(\frac{\pi}{2} - t\right). \end{aligned}$$

Remember sin is just cos shifted by $\frac{\pi}{2}$ and vice versa.

Practice Questions

Q1 Show that $\frac{\sin^4 x + \sin^2 x \cos^2 x}{\cos^2 x - 1} \equiv -1$.

Q2 Use trig identities to show that: a) $\cot^2 \theta + \sin^2 \theta \equiv \operatorname{cosec}^2 \theta - \cos^2 \theta$, b) $\frac{\cos \theta}{\sin \theta} + \frac{\sin \theta}{\cos \theta} \equiv 2 \operatorname{cosec} 2\theta$.

Exam Questions

Q1 a) Show that $\frac{2 \sin x}{1 - \cos x} - \frac{2 \cos x}{\sin x} \equiv 2 \operatorname{cosec} x$. [4 marks]

b) Use this result to find all the solutions for which $\frac{2 \sin x}{1 - \cos x} - \frac{2 \cos x}{\sin x} = 4$, $0 < x < 2\pi$. [3 marks]

Q2 Find an approximation for $(4x)^{-1} \operatorname{cosec} 3x (2 \cos 7x - 2)$, for sufficiently small values of x . [4 marks]

Q3 Prove the identity $\cos \theta \cos 2\theta + \sin \theta \sin 2\theta \equiv \cos \theta$. [4 marks]

Did someone mention treacle pudding...?

And that's your lot for this section. There is nothing left to prove. Except for your well-honed trig skills in the exam...